

**DR BRETT WELLS**

**GLOVE SIZE: 7.5**

**PROCEDURES – ORTHOPAEDICS – DR RIMMER:**

**General:**

ALWAYS call – do not wait for me to arrive – I know the patients already!  
As soon as patient comes in operating room call for NEXT patient.

**Monitoring:** Sats (first), BP, ECG (put monitoring on in Anaes Bay to save time; 2 sets)

Airways	ETT (Hip, Knee)	LMA (ACL, Wrists)
Male	8.0	4 (5 if large) Classic, occ. Guardian
Female	7.0	3 (4 if large) Classic, occ. Guardian

**Intravenous & Pumps:**

Joints Hartmanns  
Chook Foot – Extension - Pump Set – Heater (no J loop)  
Others Hartmanns  
Standard Giving Set – Extension (no Heater, no J loop)  
Two Syringe Drivers - with power cables all cases

**Cannulation & Lines:**

Please have **seat** for me in anaesthetic bay  
Joints: 18g cannula / 2% lignocaine / 3mL syringe 25g needle / tegaderm / bung  
Others: 22g cannula / no local / tegaderm / bung

**Drugs S8:**

Joints REMI 1mg / FENT 200mcg / MIDAZ  
Others FENT 100mcg / MIDAZ

**Drugs:**

Joints: Vanc 1g, Ceph 2g, Gent 80mg, Transexamic Acid 1g / Parecoxib 40mg  
Tramal 100mg / Panadol 1g / Dex 8mg / Zofran 4mg / Maxalon 10mg  
Others: Ceph 2g / Parecoxib 40mg / Tramal 100mg / Panadol 1g / Dex 8mg  
Zofran 4mg / Maxalon 10mg

**Spinal: (Knees only, not Hips)**

Chorhexidine Dolly Sticks x 2 / Spinal Pack  
Infiltration: 23g blue needle, 2% lignocaine with 1:200k adrenaline, 10mL syringe  
25g Whitacre (blue) + 0.5% plain bupiv + NO opioids + 5mL syringe, 7.5 gloves

**Post-operative Analgesia Blocks:**

Chlorhexidine Dolly Sticks x 2  
Knees: Adductor Canal Block – Ultrasound, 50mm stimuplex + 20mL 1% Naropin  
Hip: Fascia Iliacus Block – 50mm stimuplex + 20mL 1% Naropin  
Arthroscopes – Adductor canal Block SOMETIMES (if a fair bit of work)

**HINTS:**

Spinal, Catheter, Antibiotics, and Positioning on Bed – ALL IN ANAES BAY