

**HIP REPLACEMENTS – ORTHOPAEDICS – DR RIMMER – HE IS FAST!**

Call patient 07:00am!

**ALWAYS call** – never ever wait for me - I know all the patients already! 😊

As soon as we come in, **call for the next patient** (we call two ahead for arthroscopies)

Have **catheter setup** ready (Surgical assistant (Grant) does unless I beat him to it)

CONFIRM that **blood is in Fridge** (usually 2 units) – **tell me** it is in Fridge.

Drugs:

**S8:** Midaz, Fentanyl Big 500mcg, Remifentanyl 1mg, Suggamadex --- have ready

Antibiotics: Vanc 1g, Ceph 2g, Gent 80mg

Others: Check drawer

Tranexamic Acid 1g / Parecoxib 40mg / Tramadol 100mg

Panadol 1g / Dex 8mg / Zofran 4mg / Maxalon 10mg

Roc 50mg (a lot) / Ephedrine / Metaraminol (a lot) / Adrenaline (eek)

Cannulation:

Please have a **seat with wheels** for me in anaesthetic bay

Please have a **desk** for me in the operating room with another seat

Cannula: 18g cannula / tegaderm / bung / Alco Wipe / Tourniquet in a Kidney Dish

If I miss twice I will ask for the **ultrasound** and frown.

Monitoring & Table Supports:

- Try and have **two sets of ECG leads** (one for patient in bay, one for patient on table)
- When go into Theatre put **Sats on first** – as soon as I see Sats > 95% I start giving drugs
- Connect drip set AFTER induction / Bear Hugger on / Don't bother Temp or BIS
- Side Arm boards, Upper arm support, Side Body Supports, & **THREE Towels**/patient.

Airways

- **ETT always** for hips (7.0 for F, 8.0 for M; I go down 0.5 size if I have trouble). Please have **KY Jelly** ready to put on tube ends, and make sure **tube cuff** is totally deflated, and disconnect the 10mL syringe from the end of the tube. Have a bougie ready.
- I use a **C-Mac routinely** (3 blade for F, 4 blade for M) for all my intubations on the Rimmer list – if I have trouble I then go to D-blade and definitely will need a bougie.
- I affix ETT with **brown tape (Leukoplast not micropore)**: please have a pair of **scissors** available so I can make dog legs, along with an **Alligator Extension** (Expandable Tube Extension) and **Tube Holder** for once its all sorted.

Intravenous & Pumps:

Pump Set with Extension and **Chook Foot** at the End – have some tape ready to affix.

Hartmanns (warm if available) / Have a fluid warmer present and connected

Two Syringe Drivers + Power Cables available (don't connect, I will trip over them).

Arterial Lines and Spinals and Post OT Blocks / Analgesia

I almost **never** do a spinal or arterial line for a Rimmer hip.

If I do an **arterial line**, ask me if I've booked a **HDU Bed** (I must be worried).

I will rarely do a Fascia Iliacus Block – 50mm stimuplex + 20mL 1% Naropin

I will always write an oxycodone PCA – please have a **PCA form** in theatre.