

Anaesthetic Nurse Preparation for Caesarean Sections

Always call early - do not wait for me.

Spinal:

Position:

Sitting Position

Monitoring on (BP, ECG, Sats)

Wedge available (Left Side)

Arm boards x 2

Two Poles

Two towels (under arms in case of GA)

Preparation:

7.5 Gloves

Epidural Sterile Pack

Chlorhexadine Dolly Sticks x 2

Infiltration:

10mL Syringe

23g (blue) needle - infiltration

2% Lignocaine with 1:200,000 Adrenaline

Two drawing up needles

Spinal:

25g Whitacre Spinal Needle

3mL Syringe

0.5% Heavy Bupivacaine

100mcg Fentanyl

Post OT TAP Block:

Selected Patients.

Equipment:

Ultrasound

7.5 Gloves x 2

20mL syringes x 2

20mL 1% Naropin (2 x 10mL)

20mL 0.9% Normal Saline

Drawing up Needle x 2

Epidural Pack or Large Dressing Pack

Table to put it all on

(I prepare this all during the case)

Miscellaneous:

If GA required:

C-Mac with #3 Blade (not D-blade)

Bougie Available

Tube 7.0 Female

Brown tape to tie tube

Cricoid

Usually Propofol/Roc - with Bridion available

Dr Wells: 26th April 2017